

Deaf Allyship Reflection Worksheet

“Privilege indicates aspects of our identities we do not have control over (typically, things we were born with) which give us advantages in society.”

Q: What are some ways you have hearing privilege?

(Ex: growing up with English as a first language, having access to different levels of education, etc)

“Positionality means considering the identities and privileges we hold in the context of where we are and what we do.”

Q: How does the context of where you are change the way you view your hearing privilege?

(Ex: if you're at a loud party, isn't knowing how to sign a benefit for communication?)

Q: Many times the word 'ally' is seen as a noun, but it can also be a verb. How does thinking of the word 'ally' as a verb change your understanding of what it means to have allyship with the Deaf community?

(Ex: 'I am an ally' vs 'I ally with the Deaf community')

Q: Is there anything that is holding you back from being an ally? Is there anything that you are afraid of/worried about?

Q: What do you need to do to overcome these worries? What support system do you need in place?

Q: What do you still need to learn in order to be a better ally to the Deaf community? What resources will you use to complete your understanding of how to be an ally?

Post Allyship Reflection Questions:

Revisit these questions as you strengthen your allyship with the Deaf community and reflect on how your answers have changed over time!

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- **How are you working to achieve your and your community partner's goals?**
- **What challenges are you encountering? What resources do you need to overcome them?**
- **What went well? What can you do to improve/maintain your positive experience?**
- **What advice do you have for someone looking to strengthen their own allyship?**

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

WORKS CITED

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